

(An Autonomous Institution Affiliated to Madurai Kamaraj University)
[Re-accredited with 'A' Grade by NAAC]

Virudhunagar – 626 001.

# **COURSE OUTCOME**

## NATIONAL CADET CORPS

Subject Name: National Cadet Corps – Paper I Subject Code: U1NC1

In this course, the students will

| CO1:        | Understand the motto, aim, administrative organization and pattern of NCC         |
|-------------|---|
| CO2:        | Know about the eligible conditions for writing 'B' and 'C' certificate            |
|             | examination and cadet welfare scholarship and career opportunities.               |
| <b>CO3:</b> | Get training about the aim of drill and drill movements and study about different |
|             | rifles used in Indian Armed Forces  |
| CO4:        | Understand the importance of national unity, hindrance and factors promoting      |
|             | national integration  |
| CO5:        | Study the leadership traits and duties of good citizen                            |
| <b>CO6:</b> | Be familiar with the natural calamities and remedies, first aid about snake bite  |
|             | and sun stroke.   |

Subject Name: National Cadet Corps – Paper II Subject Code: U1NC1

| CO1:         | Learn the types of map and uses of map, map reading and conventional signs in      |
|--------------|--|
|              | map.   |
| CO2:         | Understand the various tactics in the war field, fire control order and patrolling |
|              | types and stages   |
| CO3:         | Comprehend the Indian war history and fighting arms, supporting arms and           |
|              | coordinating forces  |
| CO4:         | Get involved in the social activities and social service organizations in India    |
| CO5:         | Know about the significance of family planning and methods of family planning      |
| <b>CO6</b> : | Understand the importance of personal hygiene, camp sanitation and preventive      |
|              | measures of malaria and HIV  |



(An Autonomous Institution Affiliated to Madurai Kamaraj University) [Re-accredited with 'A' Grade by NAAC] Virudhunagar – 626 001.

## **COURSE OUTCOMES**

#### **PART V- NSS**

#### PAPER I

**Subject Code: U2NS1** Semester: I & II

## In this course, the students will

| CO1: | Gain knowledge on the fundamental aspects of NSS.                                  |
|------|--|
| CO2: | Understand the importance of National integration and the contribution of youth in |
|      | Nation Building  |
| CO3: | Acquire knowledge on Personality Development                                       |
| CO4: | Gain knowledge on Leadership traits  |
| CO5: | Understand Interpersonal Relationship and Communication                            |

#### PAPER II

Semester: III & IV **Subject Code: U2NS1** 

| CO1:        | Learn the Objectives of Special Camping Programme                               |
|-------------|---|
| CO2:        | Understand planning and preparation of Special Camping Programme                |
| <b>CO3:</b> | Understand the weaker sections of our society and their needs.                  |
|             | Role of youth in the preventiion of Drug Abuse and Trafficking and awareness of |
|             | HIV/AIDS  |
| CO4:        | Know about the Environment.   |
| CO5:        | Be trained on First Aid and its Uses  |
| <b>CO6:</b> | Acquire knowledge on Disaster Management  |



(An Autonomous Institution Affiliated to Madurai Kamaraj University)
[Re-accredited with 'A' Grade by NAAC]
Virudhunagar – 626 001.

# COURSE OUTCOME RED RIBBON CLUB (RRC)

**Subject Code: U1RR1** 

| CO1:        | Be aware of Sex, Sexuality and HIV & AIDS.                                     |
|-------------|--|
| CO2:        | Helped and support the people living with HIV/AIDS (PLHIV) and reduce the      |
|             | stigma and discrimination against them and treat them equally.                 |
| <b>CO3:</b> | Build their capacity as peer educators and develop their skills on leadership, |
|             | negotiation and team building.   |
| <b>CO4:</b> | Be involved in non-remunerated blood donation by conducting a number of        |
|             | Blood-Donation camps.  |



(An Autonomous Institution Affiliated to Madurai Kamaraj University)
[Re-accredited with 'A' Grade by NAAC]
Virudhunagar – 626 001.

# COURSE OUTCOMES YOUTH RED CROSS

**Subject Code: U1YR1** 

| CO1: | Become a Good citizen                     |
|------|---|
| CO2: | Have Involving mind to National building  |
| CO3: | Be Ready to help the needy people         |
| CO4: | Provide First Aid to the affected persons |



(An Autonomous Institution Affiliated to Madurai Kamaraj University) [Re-accredited with 'A' Grade by NAAC]

Virudhunagar – 626 001.

# **COURSE OUTCOMES**

#### **PART V- PHYSICAL EDUCATION**

## PAPER 1

I year- Foundation of Physical Education Sports.

**Subject Code: U2PS1** 

## In this course, the students will

| CO1: | Get a brief introduction about Physical education sports Olympic games.           |
|------|---|
| CO2: | Gain a fundamental knowledge about yoga.  |
| CO3: | Get an essential knowledge in Track and field.                                    |
| CO4: | Get an idea in the Job opportunities in the field of sports & physical education. |
| CO5: | Learn the fundamental Skills and basic rules and regulations of volley ball &     |
|      | Badminton.  |

#### PAPER 2

## II year- Sports Physiology & Health Education.

## **Subject Code: U2PS1**

| <b>CO1</b> : | Get the general ideas of human physiology and the effect of exercise on it.  |
|--------------|--|
| CO2:         | Know about importance of health and factors effect the health.   |
| CO3:         | Have more knowledge about ill effects of alcogel, smoking & drugs  |
| CO4:         | Know about the first aid and & its importance  |
| CO5:         | Learn the fundamental skills and basic rules and regulations of Basketball and kabaddi.  |
| CO6:         | Undergo the performance related tests & skills. Which are useful to them to attend the selection trials in police, and Judge his own potential |